# VENTURING OUTSIDE MY COMFORT ZONE: MY STUDY ABROAD IN SOUTH KOREA

Vraj Tripathi Learning Abroad Conference 2017 November 17, 2017



#### A LITTLE ABOUT MYSELF

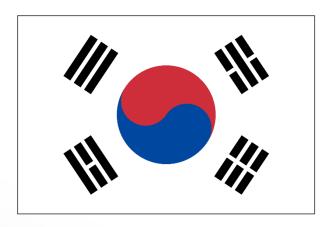
- Senior in Lyman Briggs College
- Cognitive Neuroscience Major
- · Visited Merida, Mexico and Seoul, South Korea
- Undergraduate Assistant at the Institute of International Health
- Long Term Goal



#### OVERALL TENSIONS

- "Are you crazy? Hopefully I see you back in the states in a week!"
- Political Climate- All eyes on the North
- July 2017 North Korea travel ban





#### NAVIGATING UNKNOWN LOCATIONS

- Airport to hotel at 2 AM
- Previous international travels had an itinerary (India, Mexico)
- First time in east Asia



# LANGUAGE BARRIERS & ETHNICITY DIFFERENCES

- From street signs to google maps
- Unfamiliarity with the language
- Darker skin tone
- Perceived as being different compared to others





#### OVERCOMING OBSTACLES

- Despite the challenges, learned new culture and practice of medicine
- More accepting of students visiting the states
- Willingness to help others situate to surroundings
- While we are different, we have so much in common





### MEDICAL EXPERIENCES

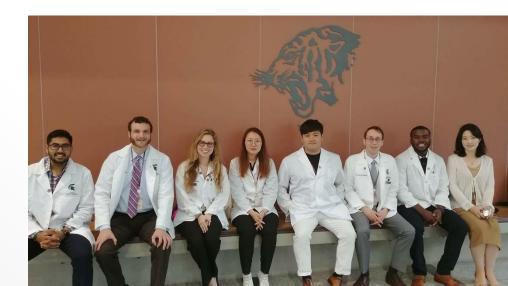
#### DIFFERENT MEDICAL PRACTICES

- Alternative medicine practices (CHUNA Method)
- Jaseng Hospital for Oriental Medicine (Herbal, non-invasive approach)
- Medical diagnosis and treatment methods different



## MEDICAL IMMERSION PROGRAM AT KUMC

- Focused on different surgical specialties within Korea University Medical Center
- Learned from renowned surgeons
- Learned about the healthcare system in South Korea (insurance, medical tourism)



# WHY IS THIS IMPORTANT? WHAT I LEARNED

- Internship at Institute of International Health
- Reality of stepping in someone else's shoes
- Small gestures make a big difference
- Introduction to American culture





### **QUESTIONS?**

### **PICTURES**



